

The Shoe Oracle

AnuBel's Field Guide to the Human Spirit

A whimsical guide to everyday knowing, intuition, and quiet alignment. Through small choices and subtle signals, AnuBel reminds readers that the next true step is often closer than they think.

AnuBel's
FIELD GUIDE TO THE HUMAN SPIRIT
ENTRY: THE SHOE ORACLE
Everyday Knowing
★ From Poop to Starlight Series ★

Your knowing doesn't shout.
It whispers.
And it's always there—waiting for you to trust it.

1 THE MOMENT
It doesn't arrive with ceremony. No thunder. No voice from the sky. Just a small pause... in front of your shoes.

2 THE QUESTION
Which ones? The practical pair? The bold ones? The ones that feel like you today? It seems simple. But something deeper is moving.

3 ANUBEL'S PRESENCE
AnuBel doesn't answer for you. She watches. Gently curious—as you reach, hesitate... and feel.

4 THE SIGNAL
A quiet pull. A subtle knowing. Not loud. Not logical. But clear—when you listen.

5 THE OVERRIDE
The mind steps in: "Be sensible." "What will people think?" "These make more sense." And just like that—the signal fades.

6 THE RETURN
But it never disappears. It waits. Patient. Steady. Ready the moment you soften... and listen again.

7 THE CHOICE
You reach again. This time—not from pressure, but from presence. And something clicks.

8 THE PATH
It was never about the shoes. It was about learning to trust the smallest yes. Because that's how the path begins—not in grand decisions... but in quiet alignment.

THE TRUTH
Your knowing doesn't shout. It whispers. And it's always there—waiting for you to trust it.

FIELD NOTE
If you feel stuck, start smaller. The next aligned step is often closer than you think.

CLOSING BLESSING
May you trust the quiet signals that guide your way. May you choose what feels true, even when it's subtle. Your path is not found—it is felt.

Walk gently.
Listen closely.
Trust the quiet yes.
You already know.

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About This Collection

Created by **Jody Praigg**

These works are part of the evolving AnuBel universe — a story-centered exploration of emotional intelligence, imagination, healing, systems awareness, and human becoming.

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